



On-line

The monthly Newsletter of the Indian Association of Secretaries and Administrative Professionals, Tamil Nadu Chapter

Volume 30 ♦

Issue 6

tniasap@gmail.com

NOVEMBER & DECEMBER 2021

Managing Committee (2021-2022)

Chairperson

Priya Balaji
Tel: 98840 98157

Vice Chairperson

Usha Reddy
Tel : 99406 17453

Honorary Secretary

Maria Renaux
Tel: 98407 09947

Honorary Treasurer

Jayalakshmi Murali
Tel: 92810 57038

Imm. Past Chairperson

R B Sudha
Tel : 94441 71413

Committee Members

Indra Prabha

Tel: 98844 76914

Sasirekha

Tel: 8825766981

Selvi Jecintha

Tel :95516 38883

Words of Wisdom



Dear Members,

Christmas is the most widely celebrated festival world over, and also the most popular festival globally.

People love everything about Christmas Day - the nativity scene, caroling, scripture reading, and concerts. November onwards, it is impossible to forget that Christmas is coming. Colored lights decorate many town centers and shops, along with shiny decorations, and artificial snow painted on shop windows. During the season people take the time to enjoy the city or town when it's all decorated.

The Tradition of Christmas has combined over half a dozen cultures and accumulated over the centuries. An in-depth look into its tradition, and one is moved with all the sentiments, symbols, and meaning associated with Christmas. All of which combine to give a touch of liveliness and harmony to the season of celebrations. However, no matter which part of the world you are in, the tradition of Christmas blossoms with fun and celebration and carries along with it faith, hope, and love.

Celebrating Christmas has nothing to do with spending a lot of money and having elaborate parties. The biggest celebrations are the most personal ones spent with people whose company we love. A simple thing as watching a beautiful Christmas movie with someone special can be all it takes. Or maybe share a home-cooked meal with friends in front of the decorated Christmas tree.

Christmas is a wonderful time of the year when joy, hope, generosity, goodwill, and fellowship abound and is one of the most exciting and festive holidays. Let's all join together and celebrate this festival of Love.

Best Wishes,

 Priya Balaji





The October month meeting started with the chairperson Priya Balaji welcoming the members and speaker for the afternoon. Jayalakshmi Murali introduced the speaker.

Mr. Ganesh, our speaker for the afternoon started the session with an activity where members were split into two teams of Tutors and students and provided a pattern defining numbers 1 to 9. The students were asked to learn the pattern for each number and later were given a 4- or 5-digit number which they had to present on the white board with the new pattern. This activity was an ice breaker and to get the inputs from the members on how they perceived this activity of learning something new.

He then went on to explain about how a lobster grows by shedding its shell when the shell becomes confining and uncomfortable. This indicates that times of stress are signals for growth and we need some stress in order to be able to grow.

He mentioned how all organizations undergo change and no one is immune to it. He gave some examples of Corporates which underwent change and grew and some which resisted the change and had to shut shop. For any change the first stage is resistance due to fear of failure and fear of unknown and sense of loss. They have to then be guided through this stage and understand their emotions. Employees have to be motivated and provided support. They need to understand the benefits and opportunities for their involvement in the change and encourage new ways of working.

He mentioned how Change is constant and one has to move from Resistance to Welcoming through 3 stages:

1. Ending, Losing & Letting Go
2. The Neutral Zone
3. The New Beginning

Some of the points that he mentioned about changes are : Embrace change and move forward; if one does not step out of their comfort zone there is no growth; think out of box / boundaries; to get something one should be willing to sacrifice.

Indraprabha presented Mr.Ganesh with a memento as a token of our appreciation.

R B Sudha the winner of the Homai Mehta Excellence Award for TN Chapter was felicitated with the award.

Maria read out the names of the members who celebrated their birthday in the month of October and November and all members wished them by singing the Birthday song.

Surekha provided updates on the forthcoming convention and then the members went ahead for hi tea.

Dhanalakshmi Mani



Christmas - The Spirit of Giving.

Christmas is the season of giving. Santa Claus, stockings, Christmas tree, cakes and cookies are all integral parts of the holiday spirit. However, it is important for all of us, especially our children, to reflect on what Christmas is really about – giving and receiving, spending time together and helping others.

Giving can inspire great positive change and healing in a world that deeply needs it. Spiritual and religious leaders espouse the blessings of giving for a reason—it has the power to immediately shift one into a state of grace.

Let us have discussions with our children telling them that the true spirit of Christmas is giving, caring and showing compassion. Let us explain to them how they can help others. Sharing with a needy child, visiting an old, age home, giving to the less fortunate are ways to fulfill the spirit of Christmas.



The spirit of Christmas is best felt with family. During this festive season let us disconnect from our busy lives and give quality time to our families, especially the elderly who long for our love and physical presence. These are moments that will make the best memories.



Have a safe, happy and gratifying holiday season!

Maria Renaux

Recipe Corner

Christmas Pudding Fruit Cake

Ingredients

250g currants

250g raisins

250g apricots chopped

250g cranberries

100 ml Sunkist orange cordial

4 eggs

200g self rising flour

175g soft butter

175g light brown sugar

1 tsp mixed spice

1 tsp orange extract

Method

Measure the currants, raisins, apricots, cranberries and orange cordial into a bowl. Cover and leave to soak overnight until all of the liquid has been absorbed by the fruit.

Preheat the oven to 130 fan. Line a 20cm deep cake tin with baking paper.

Measure the eggs, flour, sugar, spices and orange extract into a large mixing bowl. Whisk together until the cake mixture is light and fluffy. Add the soaked fruits and fold in well. Spoon the batter into the tin and leave the top. Bake for 3 hours until golden brown and cooked through in the middle. Test if the cake is cooked by inserting a cocktail stick into the centre of the cake. If it comes out clean the cake is cooked through.

Cool completely on a wire rack.



Treasure Jacob

Here's wishing all the Members celebrating their Birthdays in December

4th Roselyn Joseph

9th Audrey Greenwood

9th Gita Rajamani

15th Padma Priya Venkatakrishnan

26th Lorraine D'Cruz

29th Beena Anand G

30th Erin Mckillop

30th Dianna Brisson

31st Jeanette Suresh



Here's wishing all the Members celebrating their Wedding Anniversaries in December



MEETING

Date : 18th December 2021
Time : 02.30 pm
Event : "Rocking Around
The Christmas Tree"
Venue : Hotel Westin Chennai
Velachery
RSVP: 30th November 2021

Sing Along !!!

Santa Claus is Coming to Town

You better watch out,
You better not cry,
You better not pout,
I'm telling you why:
Santa Claus is coming to town!



He's making a list,
And checking it twice,
Gonna find out who's naughty or nice.
Santa Claus is coming to town!

He sees you when you're sleeping,
He knows when you're awake,
He knows when you've been bad or good,
So be good for goodness sake!

OH!...You better watch out, You better not
cry
You better not pout, I'm Telling you why.
Santa Claus is coming to town.

He sees you when you're sleeping,
He knows when you're awake,
He knows when you've been bad or good,
So be good for goodness sake!



R B Sudha emerged winner of the Homai Mehta Award of Excellence. On behalf of the TN Chapter, Jaya Murali presented her with a memento as a token of our appreciation. We once again congratulate Sudha for her dedication, commitment and contribution to the IASAP family.



CHRISTMAS PARTY

Our Christmas party is here !!!

Join us for a fun filled and exciting afternoon.

Please fill-in complete details in the Excel sheet and send it along with the payment, before the rsvp date, to your respective committee member.

Payment by cheque in favour of "IASAP Tamil Nadu Chapter" or for Net transfer - please contact your committee member for details.

Please mention your name in the remarks column while transferring.

Registration charges are as follows.

- Rs.300/- (Members)
- Rs.250/- (Children/Grand Children
1-10 years only, irrespective of relationship)
- Rs.350/- (Children/Grand Children 11 years &
above / Spouses / Guests.

Editor's address

Maria Renaux
Radiance Realty Developers India Ltd
Old no.110, New no. 111, 33 Feet Rd,
Guindy, Chennai 600 032
Ph : 9840709947